



MAMA J'S

ITALIAN KITCHEN

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COLOUR ME IN!
BEST ONES GO
ON THE WALL

SMALL BEGINNINGS

Easy, fun finger food that's just enough to be going on with

FIRST CHOOSE YOUR STARTER

Carrot and Cucumber

With a bean and pesto dip

Breadsticks

With a bean and pesto dip

Olives

A smaller portion of our marinated pitted olives

MINI PASTA

Pomodoro

Our home made tomato sauce with penne pasta

Pasta Pesto

Basil and Parmesan green pesto with penne pasta

Spaghetti Bolognese

Tempting to wear, even more tempting to eat.

Our classic homemade beef ragu with spaghetti

If you need us to tweak a dish for your bambino, please let us know. Gluten free pasta is available, just ask.



MAMA J's

**3 COURSES & A DRINK
FOR JUST £8.50**

STARTER, PIZZA OR PASTA, PUDDING & DRINK

BAMBINO MENU

Family occasions are our speciality here at Mama J's, and it's great seeing kids enjoy Italian food as much as we do. So we've put together some delicious mini-meals to suit those who can't quite manage a big plate, along with some classic finger food for those who find plates overrated in general.

Buon appetito! - (Means *enjoy your meal* in Italian)

Say this out loud to your table **Bwon-ap-it-teeto**

MINI WOOD-FIRED PIZZA

A smaller version of our signature, hand-stretched Neapolitan pizzas using our special slow proved home made dough

Mama-rita

The perfect classic pizza, our delicious tomato sauce and Italian mozzarella

Decorate Your Pizza!

Add any two toppings from ham, pepperoni, olives, chicken, mushrooms or pineapple

PUDDINGS

As long as you've finished your dinner!

Super Sundae

A generous scoop of crema gelato with chocolate, toffee or fruit sauce, super sweetie sprinkles and topped with a baby cone

Tutti Frutti

A delicious pot of freshly prepared seasonal fruit

Organic Real Fruit Ice Lolly

A 100% organic real fruit lolly. Choose from apple, berry or rainbow fruits



TELL ALL YOUR FRIENDS ABOUT YOUR DINNER

DRINKS

Cornish Milk

Apple or Orange Juice

Orange or Blackcurrant Fruit Cordial

**STILL THIRSTY?
TOP UP YOUR DRINK FOR 50P**

Baby Belly - £3.50

For really little tums we offer a smaller Pomodoro pasta, followed by one scoop of gelato or a 100% organic fruit ice lolly



Happy & Healthy: Just so you're aware, some of our dishes contain nuts, and our olives may contain stones. Our dish description may not mention every single ingredient, so just ask if you're unsure or have an allergy and our staff will discuss the menu with you. Although it's impossible for us to guarantee our busy kitchen is 100% allergen free, let us know if you have any specific dietary requirements or are just not keen on an ingredient, and we'll do our best to oblige.